

Breakfast = Selection of Cereals – Porridge – Toast With Selection of Jam/Marmalades – Cooked Breakfast – Tea & Coffee – Juice

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lunch time main course choices	Chicken fillet Or Home choice Served with New potatoes or chips & broccoli	Fagots Mushy peas Or Home choice Served with Chips Or potatoes	Roast Beef With Yorkshire Pudding Or Home choice Served with Sprouts & Cauliflower Florets	Pork Loin Steaks or Home choice Served with Green beans & Carrots	Breaded Haddock Or Home Choice Served With Chips or Potatoes & Mushy Peas	Light Puff Pastry Mince Beef & Onion Pie or Home Choice Served With Green beans	Turkey & Stuffing Or Home Choice served With Honey roasted Parsnips Roasted Potatoes New potatoes Broccoli & Carrots
Dessert	Rhubarb Crumble With Custard	Sticky Toffee Pudding & Toffee Sauce	Jelly & Fruit	Apple Tart & Custard	Yogurts or Ice- Cream	Stewed Apple & Cream	Trifle
Light evening choice menu	Jacket potato With Various filling Or Assorted Sandwiches	Cheese on Toast Or Assorted Sandwiches	Cold meat & Potato Croquettes Spaghetti Or Assorted Sandwiches	Cawl Or Assorted Sandwiches	Omelettes Or Assorted Sandwiches	Beans On Toast Or Assorted Sandwiches	Home Made soup Or Assorted Sandwiches
Dessert	Variety of Cakes	Cheesecake	Waffles & Syrup	Welsh Cakes	Variety of Cakes	Banoffee Pie	Arctic Roll

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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lunch time main course choices	Scampi Or Home Choice Served With Peas Chips or Potatoes	Gammon, Egg & Chips Or Home Choice Served With Chips or Potatoes	Roast Chicken & Stuffing Or Home Choice Both Served With Cabbage Carrots & Roasted Potato	Corned beef Pie & Gravy Or Home Choice Served Chips	Battered Cod Or Home Choice Served With Mushy Peas Chios Or Potatoes	Salmon Or Home Choice Both Served With Peas Chips or Potatoes	Roast Beef & Yorkshire Pudding Served With Roast potatoes Cabbage & Carrots
Dessert	Peach Crumble & Custard	Stewed Apple & Custard	Jelly & Cream	Rice Pudding	Yogurts or Ice Cream	Bread & Butter Pudding	Trifle
Light evening choice menu	Cheese & Potato Pie With Tomatoes Or Assorted Sandwiches	Quiche & Salad Or Assorted Sandwiches	Fish Finger Potato Croquettes & Beans Or Assorted Sandwiches	Cold Meat & Sauté Potatoes Or Assorted Sandwiches	Chicken Tikka Slice with Herby Diced Potatoes Or Assorted Sandwiches	Sausage Sauté Potatoes & Spaghetti	Home Made Soup or Buffet Assorted Sandwiches
Dessert	Lemon Drizzle Cake	Chocolate Brownie	Lemon Meringue Pie	Variety of Cakes	Peaches & Cream	Chocolate Mousse	Variety of Cakes

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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lunch time main course choices	Sweet Chilli Chicken Or Home Choice Served With Peas Chips Or Potatoes	Cottage pie Or Home Choice Served With Sweet Corn & Peas	Gammon Ham Or Home Choice Served With Cabbage cauliflower Cheese Potatoes Or Chips	Chicken Curry & Rice Or Home Choice Served With Peas Chips Or potatoes	Breaded Haddock Or Home Choice Served With Mushy Peas Chips Or Potatoes	Brunch Or Home Choice	Roast Lamb Served With Roast Potatoes Broccoli Carrots
Dessert	Black Cherry Pie & Custard	Rice Pudding	Jam & Coconut Sponge & Custard	Stewed Apple & Custard	Yogurts or Ice Cream	Apple & Blackberry Crumble & Custard	Trifle
Light evening choice menu	Cornish Pasty Beans or Assorted Sandwiches	Poached Salmon & Broccoli Or Assorted Sandwiches	Bacon & Tomatoes Or Assorted Sandwiches	Cheese on Toast Or Assorted Sandwiches	Rissole & Gravy Or Assorted Sandwiches	Cheese Pasty & Salad Or Assorted Sandwiches	Home Made Soup Or Buffet Assorted Sandwiches
Dessert	Variety of Cakes	Cheesecake	Strawberry Gateaux	Pavlova	Bakewell Tart & Cream	Sliced Peaches & Cream	Variety of Cakes

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WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lunch time main course choices	Kiev's Or Home Choice Served With Green Beans Chips Or Potatoes	Lasagne Or Home Choice Served With Peas Chips Or Potatoes	Turkey & Stuffing Or Home Choice Served With Roast Potatoes Broccoli & Carrots	Braised beef or Home Choice Served With Roast Potatoes, Broccoli & Carrots	Breaded Cod Or Home Choice Served With Parsley Sauce Mushy Peas Chips Or Potatoes	Salmon Or Home Choice Served With Peas Chips Or Potatoes	Roast Pork & Stuffing Served With Cabbage Carrots New potatoes Or Mash
Dessert	Crumble & Custard	Cherry Pie & Custard	Jelly & Cream	Rice Pudding	Yogurts or Ice Cream	Apple Pie & Custard	Trifle
Light evening choice menu	Beans on Toast Or Assorted Sandwiches	Corned Beef Hash & Gravy Or Assorted Sandwiches	Fish Finger Herby Diced & Spaghetti Or Assorted Sandwiches	Mixed Omelettes Or Assorted Sandwiches	Cheese & Leek Cakes Or Assorted Sandwiches	Hot Dogs & Onions Or Assorted Sandwiches	Home made Soup Or Assorted Sandwiches
Dessert	Variety of Cakes	Cake	Cheesecake	Varieties of Cakes	Cake	Peaches & Cream	Variety of Cakes